

CERTIFICATE

OF PARTICIPATION

This is to certify that

Shakes Phelane

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:27:35

PACE 06:28/km

GENDER 160 of

303

OVERALL 185 of 438

SENIOR (20- 79 of 143

39)

26 October 2019, Sat Date

Signature